

Schedule effective Jan 2, 2010

TIGER CUBS	Monday	3:45 - 4:15
	Tuesday	5:15 - 5:45
	Wednesday	3:45 - 4:15
	Thursday	4:15 - 4:45
	Friday	no lesson
	Saturday	1:00 - 1:30

JR WHITE BELTS	Monday	4:30 - 5:15
	Tuesday	6:00 - 6:45
	Wednesday	4:30 - 5:15
	Thursday	6:00 - 6:45
	Friday	no lesson
	Saturday	1:00 - 1:45

JR YELLOW BELTS	Monday	4:30 - 5:15
	Tuesday	6:00 - 6:45
	Wednesday	4:30 - 5:15
	Thursday	6:00 - 6:45
	Friday	no lesson
	Saturday	1:00 - 1:45

JR GREEN BELTS	Monday	4:30 - 5:15
	Tuesday	5:15 - 6:00
	Wednesday	no lesson
	Thursday	6:15 - 7:00
	Friday	5:00 - 5:45
	Saturday	12:00 - 12:50

JR BLUE BELTS	Monday	5:30 - 6:20
	Tuesday	6:05 - 6:50
	Wednesday	5:30 - 6:20
	Thursday	no lesson
	Friday	5:00 - 5:45
	Saturday	12:00 - 12:50

PRIVATE LESSONS		
Monday	3:45-4:15	5:30-6:00
Tuesday	6:05-6:35	8:00-8:30
Wednesday	4:30-5:00	5:30-6:00
Thursday	7:15-7:45	8:00-8:30
Friday	4:15-4:45	4:15-4:45

JR BROWN BELTS	Monday	5:30 - 6:20
	Tuesday	no lesson
	Wednesday	5:30 - 6:20
	Thursday	6:55 - 7:45
	Friday	5:00 - 5:45
	Saturday	12:00 - 12:50

JR RED BELTS	Monday	5:30 - 6:20
	Tuesday	no lesson
	Wednesday	5:30 - 6:20
	Thursday	6:55 - 7:45
	Friday	5:00 - 5:45
	Saturday	12:00 - 12:50



JR BLACK 1st DAN	Monday	6:30 - 7:20
	Tuesday	no lesson
	Wednesday	6:30 - 7:20
	Thursday	5:00 - 5:45
	Friday	6:30 - 7:20
	Saturday	11:00 - 11:50

JR BLACK 2nd - 3rd	Monday	6:30 - 7:20
	Tuesday	no lesson
	Wednesday	6:30 - 7:20
	Thursday	5:25 - 6:10
	Friday	6:30 - 7:20
	Saturday	11:00 - 11:50

ADULT ALL RANKS	Mon	12-1 & 7:30 - 8:30
	Tues	12-1 & 6:55-7:45 (black belt only lesson 8:00-9:00)
	Wed	7:30 - 8:30
	Thurs	12-1 & 8:00 - 9:00
	Fri	no lesson
	Sat	10:00 - 10:50

MINIMUM CLASSES TO TEST		
TIGER CUBS & WHITE	YELLOW GREEN & BLUE	BROWN RED & BLACK
10	12	14
Students must test to earn new rank 2-3 lessons weekly recommended		

FAMILY LESSONS			
JUNIOR	TUESDAYS	6:55 - 7:45	ADULT
	SATURDAYS	10:00 - 10:50	
ONLY Juniors accompanying their parent may participate during family lessons		All Adults may attend family lessons -accompanying children NOT required	

There are 6 testing cycles per year. Students are required to meet the minimum attendance guidelines for testing eligibility. Attendance credits start over each testing cycle. Minimum attendance does not guarantee advancement. This schedule is subject to change.

JUNIOR	
FRIDAYS	5:50 - 6:20
SATURDAYS	9:00 - 9:50
JIU-JITSU	

SWORD	
FRIDAYS	5:50 - 6:20
MASTERS	

XMA &	
FRIDAYS	7:30 - 8:20
DEMO TEAM	

ADULT	
MONDAYS	7:30 - 8:30
WEDNESDAYS	7:30 - 8:30
SATURDAYS	9:00 - 9:50
JIU-JITSU	